

**Flights** (for groups traveling with JMJ Youth, official pilgrimage provider of WorldYouthDay.com)

### **Will our tickets be e-tickets or paper tickets? When will we get them?**

Your tickets may be either paper or e-tickets. We will mail the paper tickets or email the confirmations/e-tickets to the group leader when:

1. We have received them from the airline;
2. We have received the full balance for your group's pilgrimage; and
3. We have received all the liability release forms and final pilgrim information for everyone in the group.

The group leader will then distribute the documents to individual pilgrims at an appropriate time of their choosing.

### **Can we choose our seating on the plane?**

Seats on the plane are in group blocks. You can request specific allocations within that block at the time of check-in with the airline. You can also choose to rearrange among yourselves within your group as desired. There is obviously not an infinite availability for requests, so we would encourage group leaders to limit specific seating requests to chaperons only (and only at the airport, not before).

### **Can I use my frequent flyer program?**

You can use your flights to earn frequent flyer miles; just present your frequent flyer information at check-in.

### **What are the luggage restrictions?**

Luggage restrictions vary from airline to airline. Please refer directly to your airline for more specifics. However, JMJ Youth strongly recommends limiting your luggage to one moderately sized checked bag and one small carry on, or better yet, bring only a carry on.

### **How long is the flight? What will make it go most smoothly?**

It is most likely that you will have one or two connections on your journey to and from Portugal. A non-stop flight from New York is about 7 hours.

We recommend cutting out salty and processed foods while travelling and drinking plenty of water to prevent problems with circulation and swelling. Also try to sleep as much as you can. When you are awake, take bathroom breaks to get up and move your legs.

### **How do I request special meals?**

Special meal requests should be made directly to the airline 3-5 weeks prior to departure.